


# マンダラチャート A型

F	DECLARE YOUR COMMITMENT	C	EAT PROPERLY	G	READ FOR INSPIRATION
B	GET YOUR BODY MOVING	D	DETERMINE YOUR DESTINY		<p>Let your mission...</p>  <p>Light your way</p>
E	PUT LIFE IN PERSPECTIVE	A	MOTIVATE YOURSELF WITH MUSIC	H	GET TRACTION THROUGH ACTION